



Identity protection checklist

- 1 Credit freeze
 - a Freeze with all three agencies [Experian, Equifax, Transunion] — **Abacus can help with this step**
 - b Save confirmation letters from each agency that give you a PIN to lift the freeze
 - c Give Abacus copies of the confirmation letters
- 2 Password manager to create and store unique passwords for each website you visit
 - a LastPass
 - b Dashlane
 - c 1Password (for Macs)
- 3 Two-factor authentication for accounts that you access online — <https://twofactorauth.org/>
- 4 Review your credit report — annualcreditreport.com
- 5 Enroll in a credit monitoring service
 - a <https://www.lifelock.com/products/lifelock-ultimate-plus/>
 - b <https://www.identityforce.com/products-and-pricing/ultra-secure-credit>
- 6 Periodically review all of your banking and credit card transactions.
- 7 Check your email address on www.haveibeenpwned.com to check to see if you have been subject to any data breaches. Also sign up for their alerts.
- 8 Be on the outlook for phishing emails, calls, or texts.
Here is good video from Apple on the topic — <https://www.youtube.com/watch?v=SR3Z3fXXjfw>

extra credit

- 1 Robo caller protection — RoboKiller.com
- 2 Consider credit freeze for minor children or elderly parents
- 3 Subscribe to Krebs on Security
- 4 Opt out of pre-approved credit offers and add your number to the national do-not-call list
 - a <http://www.optoutprescreen.com/> or 888-5-OPT-OUT
 - b <https://www.donotcall.gov/>
- 5 Invest in antimalware
 - a <https://www.avast.com/en-us/free-antivirus-download>
 - b <https://www.avg.com/en-us/free-antivirus-download>